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Separating efficacy and sedative effects of guanfacine extended release in children and adolescents with ADHD from four randomized, controlled, phase 3 clinical trials

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# Guanfacine extended release (GXR)

- Non-stimulant treatment approved for children and adolescents with ADHD
  - USA and Canada: as monotherapy or an adjunct to stimulant therapy
  - Europe: when stimulants are not suitable, not tolerated or have been shown to be ineffective
- In pivotal GXR trials, common TEAEs were somnolence, fatigue and sedation
- To investigate whether sedation may have confounded the efficacy outcomes (i.e. may have accounted for improvement in hyperactivity) in four RCTs in children and adolescents with ADHD, *post hoc* analyses were conducted to compare:
  - time courses of sedative TEAEs and GXR response
  - change in symptoms in individuals with and without sedative TEAEs



- SPD503-301: randomization to GXR 2, 3 or 4 mg or placebo (1:1:1:1)
- SPD503-304: randomization to GXR 1, 2, 3 or 4 mg or placebo (1:1:1:1:1)

<sup>a</sup>GXR was initiated at 1 mg/day on day 1 and increased weekly by 1 mg until randomized dose was reached (2 mg at week 1, 3 mg at week 2 and 4 mg at week 3). GXR, guanfacine extended release; PBO, placebo

## Study designs: two dose-optimization studies



SPD503-312: randomization to GXR or placebo (1:1)

#### SPD503-316: randomization to GXR, placebo or ATX (reference) (1:1:1)

<sup>a</sup>GXR was initiated at 1 mg/day on day 1 and increased weekly by 1 mg until an 'acceptable' response (30% reduction from baseline in ADHD Rating Scale IV total score and a Clinical Global Impression-Improvement score of 1 or 2, with tolerable side effects) was achieved. <sup>b</sup>ATX dose range was based on participants' weight at baseline. ATX, atomoxetine; GXR, guanfacine extended release; PBO, placebo

# Time courses of sedative TEAEs and response: pooled SPD503-301 and 304 data





Data are presented by randomized dose. <sup>a</sup>Defined as somnolence, sedation and hypersomnia.

<sup>b</sup>Defined as having ≥ 30% reduction from baseline in ADHD Rating Scale IV total score; analysis based on last observation carried forward. GXR, guanfacine extended release; PBO, placebo; TEAE, treatment-emergent adverse event

# ADHD-RS-IV total score in patients with and without reported sedative TEAEs



 GXR significantly reduced ADHD-RS-IV total score compared with placebo in the absence of sedative TEAEs

\**p* < 0.001. Data based on last observation carried forward. LS means, effect sizes and *p* values are based on type III sum of squares from an ANVOVA model for the change from baseline, including treatment group, age group, study, and pooled country (SPD503-312 and 316 only) as fixed effects, and baseline value as a covariate. Sedative events: somnolence, sedation and hypersomnia. <sup>a</sup>All GXR doses combined. ADHD-RS-IV, ADHD Rating Scale IV; GXR, guanfacine extended release; LS, least-squares; NS, not significant; TEAE, treatment-emergent adverse event

## Summary and conclusions

- The results presented suggest that:
  - the time-courses of sedative TEAEs and treatment response with GXR were independent in these studies (i.e. sedation occurred early and typically preceded response)
  - GXR significantly reduces ADHD symptoms in patients without sedative TEAEs
- These findings from group analytic approaches are relevant for the majority of patients, but may not fully explain trajectories of response and tolerability in individual patients
- Overall, these findings suggest that sedation does not account for the symptomatic improvement associated with GXR

GXR, guanfacine extended release; TEAE, treatment-emergent adverse event

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ADHD-RS-IV subscale scores

ADHD-RS-IV total score by ADHD subtype

### ADHD-RS-IV subscale scores



 GXR improved ADHD symptoms of both inattention and hyperactivity-impulsivity

\**p* < 0.001. Data based on last observation carried forward. LS means, effect sizes and *p* values are based on type III sum of squares from an ANCOVA model for the change from baseline, including treatment group, age group, study, and pooled country (SPD503-312 and 316 only) as fixed effects, and baseline value as a covariate. <sup>a</sup>All GXR doses combined. ADHD-RS-IV, ADHD Rating Scale IV; GXR, guanfacine extended release; LS, least-squares

### ADHD-RS-IV total score by ADHD subtype



 GXR significantly improved core ADHD symptoms across the inattentive and combined/hyperactive-impulsive subtypes

\*\*\**p* < 0.001; \*\**p* < 0.01; \**p* < 0.05. Data based on last observation carried forward. LS means, effect sizes and *p* values are based on type III sum of squares from an ANCOVA model for the change from baseline, including treatment group, age group, study, and pooled country (SPD503-312 and 316 only) as fixed effects, and baseline value as a covariate. <sup>a</sup>All GXR doses combined. ADHD-RS-IV, ADHD Rating Scale IV; GXR, guanfacine extended release; LS, least-squares